



Gammy's House

www.GammysHouse.com

CREAMY TOMATO

Ingredients:

MAKES ABOUT 1 CUP

- 3 ripe tomatoes (12 ounces), cored
- 1/4 cup low-fat (1 percent) cottage cheese
- 3 tablespoons fresh lemon juice
- 1 teaspoon olive oil
- 2 tablespoons chopped fresh marjoram
- 1 teaspoon salt
- 1/8 teaspoon freshly ground pepper

Directions:

1. Cut tomatoes into quarters; purée in a food processor. Pass through a strainer into a bowl; discard seeds and skin.
2. Using a rubber spatula, press cottage cheese through a strainer into tomatoes. Add remaining ingredients; whisk to combine.

Refrigerate until ready to use.