



## Low-Fat Ranch Dressing- Serves: 1 cup

Recipe courtesy of Gourmet Magazine

### Ingredients

- 3/4 cup buttermilk
- 1/4 cup low-fat mayonnaise
- 2 tablespoons white wine vinegar
- 2 tablespoons minced fresh herbs such as chiles, tarragon, parsley, chives, oregano, etc.
- 1/2 to 1 garlic clove (about 1/2 to 1 teaspoon), minced, or to taste
- 1/2 to 1 teaspoon onion powder or to taste
- Salt and pepper to taste

### Directions

In a bowl, whisk together all the ingredients