



### Refrigerator Chunky Applesauce- Serves 8

#### Ingredients:

3 lbs Granny Smith or Pippin apples  
1/2 cup honey

#### Directions:

- Begin by peeling and cutting apples into chunks
- Put in medium pot and add honey.
- Allow mixture to come to a boil (do not leave pot unattended on stove)
- Reduce heat to low and cover pot.
- Cook for approximately 30 minutes or until apples become soft.
- Use a potato masher or a fork to break up the apples.
- Wait for apples to cool, then refrigerate until ready to serve.



#### Flavor Options

Apricot or Peach- Add 2/3 cup (no sugar) all fruit preserves after mashing.

Mixed Berry or Strawberry- Before cooking, stir in 2 cups of frozen berries.

Spicy Cinnamon- Stir in 2 tbs red hot cinnamon candies prior to cooking.

Cinnamon- Just add 3/4 tsp cinnamon prior to cooking.

