



Trash Breakfast

Makes enough to serve 6 in roughly half an hour

Ingredients

- Aluminum foil cooking bag (or create an aluminum foil pouch)
- 1 bag shredded hash browns
- 6 eggs
- 1 lb sausage or ham, cooked
- 1 chopped medium onion
- 2 cups shredded sharp cheese
- Seasoning salt and pepper
- Butter
- Peppers (optional)



Aluminum Foil Pouch

Directions

- Take an aluminum foil cooking bag and spray with Pam
- Sprinkle with seasoning salt and put some butter in the foil bag
- Open the hash browns
- Beat the eggs and chop the onions and peppers
- Pour all ingredients into the bag of hash browns
- Mix by squeezing the bag
- Then pour the mixture into the foil cooking bag and spread out
- Add more seasoning salt and pepper and a bit more butter on top of the hash brown mixture
- Place the aluminum cooking bag on a campfire, or preheated grill (medium heat), and turn the bag every five minutes
- The bag will start to puff and you can open it to check for doneness